

Monday	Tuesday	Wednesday	Thursday	Friday
<div>LET'S DO LUNCH!</div> <div>The Senior Center is a meal site for the FDL County Senior Nutrition Program. Served <b>Monday—Friday</b> at <b>11:45 a.m.</b>, lunch is available to all seniors regardless of income, with a suggested donation of \$3 for those age 60 or over. Registration for lunch is required by calling 929-3937 at least one day in advance by 1 p.m. <b>Menus</b> are available at the front desk or our website: <b>fdlseniorcenter.com</b></div> <div><div>Senior Dining</div><div></div></div>		<div>Outdoor Game Equipment available to reserve and play at the Center.</div> <div><div></div><div>Booer BALL!</div></div> <div>Billiard Room open daily for open Pool. Pool League starts in Sept.</div>	<div>OFFSITE SUPPORT GROUPS</div> <div>7/11 Mon 10:00 Parkinson's Support Group- Aurora Health Care</div> <div>7/12 Tues 8:30 Prostate Cancer Support Group-Rolling Meadows Family Restaurant</div> <div>7/19 Tues 4:00 Diabetic Support Group at Aurora Health Care Center</div> <div>**All Orange Events are held Offsite</div> <div>Gift Shop is open</div> <div>10-4 Monday-Friday</div> <div>4-7 Thursday</div> <div>3rd Saturday 10-2</div>	<div>1</div> <div>9:00 Memory Cafe</div> <div>10:00 Balance &amp; Body Movement</div> <div>1:15 Sheepshead</div> <div>1:30 Game Day</div> <div>2 Saturday</div> <div>3 Sunday</div>
<div>4</div> <div>Center is Closed</div> <div></div>	<div>5</div> <div>8:00 Skat</div> <div>9:00 Tai Chi</div> <div>10:00 Hiking</div> <div>12:30 Bridge</div> <div>1:00 Bingo Sponsored by Lutheran Home</div> <div>1:00 Stitchery Group</div> <div>6:00 Winnebago Woodworkers at Horace Mann High School</div> <div>6:30 Senior Dining-Blanck's Lake Aire Social at 5:30</div>	<div>6</div> <div>8:30 SCAMP</div> <div>9:00 Hand Chimes</div> <div>9:00 MPTC-Intro to Skype</div> <div>9:45 Video Chair Exercise</div> <div>12:00 Canasta</div> <div>12:00 Hand &amp; Foot</div> <div>1:00 Recreational Sheepshead</div> <div>1:15 Sheepshead</div> <div>1:30 Aging Mastery Program</div> <div>7:30 Wed Night Dance</div>	<div>7</div> <div>9:00 Foot Care</div> <div>9:00 Hand Chimes</div> <div>9:00 Senior Outreach</div> <div>9:00 Beg. Country Line Dance</div> <div>10:00 Hiking</div> <div>10:00 Scrapbooking</div> <div>10:00 Beginning Bridge</div> <div>12:00 ROMEO's-Sunset</div> <div>12:30 Bridge</div> <div>1:00 Flying Geese Quilters</div> <div>1:00 When I'm 65</div> <div>5:45 TOPS #0566</div> <div>6:00 Country Line Dancing</div> <div>6:00 Chartastics Scrapbook</div>	<div>18</div> <div>9:00 Health Screenings</div> <div>10:00 Balance &amp; Body Movement</div> <div>1:15 Sheepshead</div> <div>1:30 Game Day</div> <div>9 Saturday</div> <div>11:300 Red Hat Mexican Christmas In July at Casa del Tequila</div> <div>10 Sunday</div> <div>6:00 Model Railroad</div>
<div>11</div> <div>9:00 Low Impact Chair Exercise</div> <div>9:00 Woodcarving Club</div> <div>1:00 Euchre</div> <div>1:00 Poker</div> <div>1:15 Sheepshead</div>	<div>12</div> <div>8:00 Skat</div> <div>9:00 Tai Chi</div> <div>9:00 MPTC-Computer Basics 1</div> <div>10:00 Hiking</div> <div>10:00 Bike Ride-Meet in Eden</div> <div>10:00 Acrylic &amp; Oil Painting Class</div> <div>12:30 Bridge</div> <div>1:00 Bingo Sponsored by Manor Care</div> <div>1:00 Stitchery Group</div> <div>1:00 Drawing &amp;Watercolor Class</div> <div>2:00 Mobile Apps for Beginners</div> <div>3:00 Mixed Media Art Class</div> <div>6:00 Winnebago Woodworkers</div> <div>6:00 Coin Club</div> <div>6:30 Senior Dining-Bublitz Supper Social at 5:30</div> <div>Happy Travelers Trip-Honoring our Vets</div>	<div>13</div> <div>8:30 SCAMP</div> <div>9:00 MPTC-Computer Basics 1</div> <div>9:45 Video Chair Exercise</div> <div>10:00 Handchimes at All About Life</div> <div>10:00 Senior Summer Games At Taylor Park</div> <div>12:00 Hand &amp; Foot</div> <div>12:30 Movie-"Bridge of Spies"</div> <div>1:00 Recreational Sheepshead</div> <div>1:15 Sheepshead</div> <div>7:30 Wed Night Dance</div>	<div>14</div> <div>9:00 Foot Care</div> <div>9:00 MPTC-Computer Basics 1</div> <div>10:00 Handchimes at Towerview</div> <div>10:00 Hiking</div> <div>10:00 Scrapbooking</div> <div>10:00 Beginning Bridge</div> <div>12:30 Bridge</div> <div>1:30 Finding Your Way Home</div> <div>3:30 Melodies &amp; Memories Choir</div> <div>5:45 TOPS #0566</div> <div>7:00 Sunset Stitchers</div> <div>Happy Travelers Trip—Arlington Horse Races</div>	<div>15</div> <div>10:00 Balance &amp; Body Movement</div> <div>1:15 Sheepshead</div> <div>1:00 Fight Fraud Campaign Presentation</div> <div>1:30 Game Day</div> <div>16 Saturday</div> <div>10:00—2:00 Gift Shop Open</div> <div>17 Sunday</div>
<div>18</div> <div>9:00 Low Impact Chair Exercise</div> <div>9:00 Woodcarving Club</div> <div>9:30 Book Club</div> <div>1:00 Euchre</div> <div>1:00 Poker</div> <div>1:15 Sheepshead</div>	<div>19</div> <div>8:00 Skat</div> <div>9:00 Tai Chi</div> <div>9:00 MPTC-Computer Basics 2</div> <div>10:00 Hiking</div> <div>10:00 Acrylic &amp; Oil Painting Class</div> <div>12:30 Bridge</div> <div>1:00 Bingo Sponsored by ResCare Homecare</div> <div>1:00 Stitchery Group</div> <div>1:00 Drawing &amp;Watercolor Class</div> <div>3:00 Mixed Media Art Class</div> <div>6:00 Winnebago Woodworkers at Horace Mann High School</div> <div>6:30 Senior Dining-Capone's Supper Social at 5:30</div>	<div>20</div> <div>8:30 SCAMP</div> <div>9:00 MPTC-Computer Basics 2</div> <div>9:45 Video Chair Exercise</div> <div>10:330 Handchimes at St. Agnes Day Care</div> <div>12:00 Canasta</div> <div>12:00 Hand &amp; Foot</div> <div>1:00 Recreational Sheepshead</div> <div>1:15 Sheepshead</div> <div>7:30 Wed Night Dance</div>	<div>21</div> <div>9:00 Foot Care</div> <div>9:00 MPTC-Computer Basics 2</div> <div>9:00 Beg. Country Line Dance</div> <div>10:30 Handchimes at Lutheran Home</div> <div>10:00 Hiking</div> <div>10:00 Beginning Bridge</div> <div>10:00 Scrapbooking</div> <div>12:30 Bridge</div> <div>1:30 AARP</div> <div>5:45 TOPS #0566</div> <div>6:00 Country Line Dancing</div> <div>6:00 Chartastics Scrapbook</div>	<div>22</div> <div>9:00 Friends Board</div> <div>10:00 Balance &amp; Body Movement</div> <div>1:15 Sheepshead</div> <div>1:30 Game Day</div> <div>5:00 Supper Club—Eagles Club Social 5:00/Dinner 5:30</div> <div>23 Saturday</div> <div>9:00 Scrapbook Crop</div> <div>24 Sunday</div>
<div>25</div> <div>8:00 Newsletter Assembly</div> <div>9:00 Low Impact Chair Exercise</div> <div>9:00 Woodcarving Club</div> <div>1:00 Euchre</div> <div>1:00 Poker</div> <div>1:15 Sheepshead</div>	<div>26</div> <div>8:00 Skat</div> <div>9:00 Tai Chi</div> <div>9:00 MPTC-Computer Basics 3</div> <div>10:00 Hiking</div> <div>10:00 Acrylic &amp; Oil Painting Class</div> <div>10:00 Massage</div> <div>12:30 Bridge</div> <div>1:00 Bingo Sponsored by Hospice Adv</div> <div>1:00 Stitchery Group</div> <div>1:00 Drawing &amp;Watercolor Class</div> <div>2:00 Mobile Apps for Beginners</div> <div>2:00 Community Cares-Harbor Haven</div> <div>3:00 Mixed Media Art Class</div> <div>6:00 Winnebago Woodworkers at Horace Mann High School</div> <div>6:30 Senior Dining-Gino's</div>	<div>27</div> <div>8:30 SCAMP</div> <div>9:00 Hand Chimes</div> <div>9:00 MPTC-Computer Basics 3</div> <div>9:45 Video Chair Exercise</div> <div>12:00 Hand &amp; Foot</div> <div>1:00 Recreational Sheepshead</div> <div>1:15 Sheepshead</div> <div>2:30 Umbrella Brigade at St. Francis Home</div> <div>7:30 Wed Night Dance</div> <div>Happy Travelers Trip—2 day Mystery Trip</div>	<div>28</div> <div>9:00 Foot Care</div> <div>9:00 Hand Chimes</div> <div>9:00 MPTC-Computer Basics 3</div> <div>9:00 Beg. Country Line Dance</div> <div>10:00 Hiking</div> <div>10:00 Beginning Bridge</div> <div>12:30 Movie-"Bridge of Spies"</div> <div>12:30 Bridge</div> <div>1:00 SALT/TRIAD</div> <div>5:45 TOPS #0566</div> <div>6:00 Country Line Dancing</div> <div>6:30 Alzheimer's Support Group</div>	<div>29</div> <div>10:00 Balance &amp; Body Movement</div> <div>1:15 Sheepshead</div> <div>1:30 Game Day</div> <div>30 Saturday</div> <div>31 Sunday</div>

**Dine Out Books and multiple gift cards are available for purchase.**